

## Grab & Go

<b>Bacon Breakfast Sandwich</b>	12
Egg, Cheese, Bacon & Chipotle Aioli On a Croissant Bun	
<b>Cape Breton Farmers Wrap</b>	14
Sausage, Bacon, Eggs, Peppers, Spinach, Cheese, Grainy Mustard Aioli	
<b>Cape Breton Harvest Wrap</b>	14
Peppers, Mushrooms, Onions, Spinach, Egg, Cheese, Grainy Mustard Aioli	
<b>Daily Rotation of Breakfast Pastries</b>	4
<b>Greek Yogurt Parfait</b> <i>*contains nuts</i>	
Fresh Berries, Honey, Granola	6
<b>Overnight Oats</b> <i>*contains nuts</i>	
Fresh Berries, Maple Syrup, Dried Fruit	6

